

## Common Car Accident Injuries that Lead to Injury Claims

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No matter how severe, it is a difficult and traumatic experience to be involved in an automobile accident. Anyone who has been the victim of a [car accident](#) and was able to walk away from it in one piece is indeed fortunate. However, there are many more that suffer serious injury, or never walk away at all.

If you have been injured in an auto accident, the first order of business is to get treated by medical professionals. Depending on the severity of the injury, it is best to have your injuries at least initially looked at or treated at the scene of the accident.

The police report is very important in the process. Before an [accident injury claim](#) is filed, proof that the driver of the other vehicle was at fault must be established. If this is the case, you will have a very good chance of winning any accident claims. The key word here is “negligence.” If negligence can be proven on the part of the driver whose vehicle struck yours, you have an excellent chance at a favorable car accident settlement, and the time may be right to seek an automobile accident lawyer.

### **Most Common Car Accident Injuries**

The four most common auto accident injuries are whiplash, head injuries, back injuries, and chest injuries:

**Whiplash** – This is easily the most common automobile accident injury, mainly because it can happen to the human body so easily, especially when struck from behind. With rear end collisions being the most common auto accident on the road today, it is no wonder that these are the most frequently endured injuries. Whiplash is caused when the head quickly snaps or jerks backwards, again, usually from rear-end impact. There is trauma to the soft tissue in the neck’s tendons, muscles, and ligaments which can cause severe immediate and long-lasting pain.

**Head Injuries** – These happen with great frequency, and are also very common in auto accident claims. There are so many ways to sustain a head injury during a time when your body is violently bouncing around inside a vehicle during an accident. Your head can be injured easily by any protrusion or surface which may be close by; side windows, roof, steering wheel, dashboard, and windshield, to name a few.

**Back Injuries** – There is some “gray area” with back injury claims, mainly because the specifics of a back injury are sometimes hard to detect. Unless the injury is immediately apparent, it may take some time for physicians to pinpoint it. But the spine is a very sensitive part of the human body, and is susceptible to trauma caused by sudden impact.

**Chest Injuries** – Although not as common as the first three, chest injuries are very high on the list of accident injury claims. These are less frequent because of the seatbelt laws that have recently been enacted in our society, but they are still prevalent. Not everybody wears a seatbelt, and even those who do are sometimes prone to contusions, bruises, and broken bones depending on the severity of a crash.

If injured in an automobile accident, again, the police report proving negligence on the part of the other driver is of utmost importance in successfully filing a claim and eventually winning a settlement.

If the victim of an accident is physically able to participate in the report, he/she should just give the general information asked for, and not volunteer any additional information. Also, keep a cool head and don't confront the other driver. This could possibly prejudice your claim and lessen your chances at winning a settlement, and it would make the job of your [personal injury lawyer](#) a little tougher.